

# *Tower Hamlets GP Care Group*

## Primary Care Networks

# Background to Networks

- Networks in Tower Hamlets were first formed in 2010.
- Tower Hamlets is cited as an example of best practice that is now being replicated nationally, through the introduction of PCNs.
- Tower Hamlets Networks were established due to the high levels of deprivation and chronic underfunding of primary care.
- List sizes have increased by 26.2% between 2011 and 2019 (11% to 46%)
- 1<sup>st</sup> April 2021 Networks 3 & 4 merged
- Report available – some examples are included in this presentation

# How are the Networks bringing GPs together at scale in order to focus on delivery?



- Network Incentive Scheme – a contract that is held with all the Networks
- Variety of schemes developed by GPs and the CCG for the Networks to deliver against
- Targets set, all aimed at improving the health of the Network populations
- Practices work together to achieve the targets



# Examples of delivery at scale



- Inter-practice referral scheme in place since 2010, for specific procedures/services and more recently creating centralised flu clinics.
- Shared call and recall across practices which has been used for Covid more recently
- Recruited several HCAs to support with phlebotomy clinics in all practices and domiciliary clinics
- Wrap around domiciliary service so patients get the same care as they would if they visited the practice.



# How are Networks working with health & social care, community & voluntary sector to provide a wide range of services?

- Network 8 has developed a Healthy Island Partnership Community team
- Patients can be referred if the clinician has identified a health and/or social need that might benefit from support of the team
- The Team includes Health Coaches and a Volunteer co-ordinator.
- The Health Coaches provide 1-1 support for people and link closely with the volunteer co-ordinator
- The Volunteer Co-ordinator supports patients to attend local community projects e.g. drop in coffee mornings, walking groups, exercise classes, and is building a network of volunteers locally to support community projects.

# How are Networks working with health & social care, community & voluntary sector to provide a wide range of services?



- Network 1 created a 'Key Team' - started as an HCA/Phlebotomist, GP Registrar, 2 Occupational Therapists and a pharmacist,
- They work on improving the long-term health outcomes of the network's complex care patients.
- There are now plans to expand this team to include care co-ordinators, social prescribers and a paramedic.



# Monitoring and assurance of TH PCNs

- CCGs monitor the PCNs performance via a dashboard which contains targets by PCN
- Covid impacted on these targets and the NIS was paused.
- The NIS is being reset with monthly meetings in place to ensure that Primary Care is supported to recover its NIS delivery
- GPs and other clinicians chair and support the NIS reset meeting

## How are Networks assessing the needs of the local population to identify people who would benefit from targeted proactive support?

- The North East Locality Health team created a multidiscipline and multi-organisational team, consisting of Network teams, Social Prescribers, Health Visitors, Midwifery, benefits advisors, primary care reps and PH lead on child poverty.
- The team wanted to improve the uptake of Health Start Vouchers to improve Child Poverty
- The Team worked with the national Team to remove the requirement for a Health professional signature which has not only benefitted TH residents but wider.

# Questions

Thank you